

February 2018

West Niagara Psychology Centre

www.westniagarapsychology.ca

What is a Psychological Assessment?

A psychological assessment for students is a comprehensive evaluation of learning, processing, academic, and social-emotional abilities in order to understand their learning profile, developmental functioning, and personal strengths and needs. A fuller psychological assessment may also be warranted to understand behavioral and emotional needs, as well as essential in determining whether an individual has an attentional disorder, autism spectrum disorder, or developmental disorder.

Who should have a psychological assessment? Any student who has difficulties in school with achievement, behavior, and/or attention. This would include any children who have been identified with speech and language difficulties and/or emotional problems (e.g., aggressive behavior, anxiety, depression), or who exhibit any developmentally inappropriate behaviors, such as unusual fears, preoccupations, or ritualized behaviors. A psychological assessment is also completed with children who are thought to be gifted learners, as well as with teens and adults to support post-secondary learning and workplace functioning.

Signs to look for: Poor academic achievement, difficulties with organization or memory, poor attentional control or high activity level, poor social skills, extreme temper or anger outbursts, slow to learn new concepts, unusual fears or ritualized behavior, shows signs of sadness or withdrawal, not mastering typical developmental tasks, school avoidance, or often reports illness related to school attendance.

Quote of the Month

“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.” Thomas A. Edison

Parent Resources

“The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child’s Developing Mind” by Siegel and Bryson.

“The Resistant Learner: Helping Your Child Break Down the Barriers to School Success” by L. Greene

www.understood.org

www.circleofsecurityinternational.com

WHAT’S NEW IN GROUP?

Circle of Security Parenting Series – February 28th – April 25th, 2018

Visit www.westniagarapsychology.ca to learn more about upcoming groups. Call now to express your interest or to reserve your spot. Space is limited.